

Alamance County JCPC Request for Proposals (RFP)
Program Descriptions FY 2026-2027

Program Types	Descriptions including Dosage and Duration of Services
Interpersonal Skill Building	<p>Services that focus on developing the social skills required for an individual to interact in a positive way with others. The basic skill model begins with an individual's goals, progresses to how these goals should be translated into appropriate and effective social behaviors, and concludes with the impact of the behavior on the social environment. Typical training techniques are instruction, modeling of behavior, practice and rehearsal, feedback, reinforcement.</p> <p>(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly)</p>
Mentoring	<p>Provides opportunities for adult volunteers to be matched with delinquent or at-risk youth on a one-on-one basis. The mentor is an individual providing support, friendship, advice, and/or assistance to the juvenile. After recruitment, screening and training, the mentor spends time with the juvenile on a regular basis engaged in activities such as sports, movies, helping with homework, etc.</p> <p>(Length of Stay= Minimum 1 year, Frequency of Contact= should average 2 hours per week)</p>
Teen Court	<p>Provides a diversion from juvenile court where trained adult and youth volunteers act as officials of the court to hear complaints. These programs make recommendations for appropriate sanctions including but not limited to community service and restitution (if applicable) to be assigned to the youth who have admitted committing minor delinquency and undisciplined complaints.</p> <p>(Length of Stay= Not to exceed 120 days, however 60 additional days may be approved to complete sanctions; Frequency of Contact= Not Specified)</p>
Substance Abuse Counseling	<p>In/Out-patient therapeutic services provided to juvenile offenders targeting substance abuse issues, including chemical dependency, alcoholism, and habitual or experimental use of other controlled substances. Personnel providing treatment must be licensed or certified to provide these services.</p> <p>(Length of Stay=Not Specified, Frequency of Contact= no less than every two weeks)</p>
Restitution/Community Service	<p>Programs that provide opportunities for offender to be accountable for their actions to the community and/or victim(s) through forms of payments or community service work that earns money to repay the victim(s).</p> <p>Court supervision= one year unless otherwise ordered; Frequency of Contact= minimum twice per month and no less than 8 hours per month)</p>
Home-Based Family Counseling	<p>Provides short term, intensive services focusing on family interactions/dynamics and their link to delinquent behavior. Involves the entire family and is typically conducted in the home. May also include the availability of a trained individual to respond by phone or in person to crisis.</p> <p>(Length of Stay=6 weeks to 9 months, Frequency of Contact=at least 3 hours weekly)</p>
Tutoring/Academic Enhancement	<p>Services are intended to supplement full-time academic programs by providing assistance with understanding and completing schoolwork and/or classes. May also provide trips designed to be an enrichment of or supplemental experience beyond the basic educational curriculum.</p> <p>(Length of Stay= Minimum of 20 weeks, Frequency of Contact= No less than 2 hrs./week.)</p>

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Vocational Skills	<p>The overall emphasis focuses on preparing the juvenile to enter the work force by providing actual employment, job placement, non-paid work service (non-restitution based), job training or career counseling. These programs provide training to juveniles in a specific vocation, career exploration or career counseling, and/or job readiness.</p> <p>Length of Stay=Minimum 12 weeks unless implementing a model program and following model specifications, Frequency of Contact=no less than 2 hours weekly)</p>
Individual/Group/Mixed Counseling	<p>A treatment technique based on one-on-one (individual) or group meetings with a therapist or counselor focusing on individual psychological and/or interpersonal problems. May include cognitive skills/life skills. Category includes family, individual, and group counseling.</p> <p>(Length of Stay=Not Specified, Frequency of Contact= no less than every two weeks)</p>
Mediation/Conflict Resolution	<p>Programs offering a private process of negotiation conducted by a neutral, third party person, a Mediator. These programs offer immediate and short-term involvement with youth to focus on negative and/or offending behaviors. Mediation is a consensual decision-making process by parties who work towards a mutual understanding to resolve a problem or a dispute. Mediators do not counsel or give advice but facilitate communication among parties as the parties work to reach their own decision regarding resolution of their conflict. Services should be provided for diverted and/or adjudicated youth and may include victim/offender reconciliation.</p> <p>(Length of Stay= No longer than 90 days, Frequency of Contact= Based upon the requirements of the program)</p>